PARK DISTRICT
OF OAK PARK

Fun Fitness Game from the Park District of Oak Park

INSTRUCTIONS
1. Take a Go at rolling the die, moving your game piece clockwise that number of spaces.
2. Take turns until the game is over. Get a drink of water and give yourself 5 points!
3. When you finish, turn to the board. Get a drink of water and give yourself 5 points!
4. Continue taking turns and playing with PDOPopoly!
5. Get up and get moving with PDOPopoly!

PDOPopoly